

HOW TO RUN AN AMAZINGLY EFFECTIVE REHEARSAL!

1. Remember that everyone is making time to rehearse so please respect one another's time. If y'all are running late, for the love of BUDDHA let your rehearsal partners and host know you're running late. The best way to do this is to exchange numbers during your first class so.

2. Ya gotta come *prepared* to the first rehearsal or it's a waste of everyone's time. You've got the sides so take everything line by line, GO SLOWLY! Look for your lists of 3's, your reversals, the anti-theticals (opposites). Activate that good old-fashioned imagination you were given and try not to censor your thoughts. Get your initial thoughts written down before each line. Make them specific vs. handle thoughts (umm, ah, yeah, etc)

3. It's the hosts duty to make sure everybody is settled in. Get to rehearsing *right away*. You can allow a few minutes to talk about your day, but then

GET TO WORK! Each rehearsal should last a minimum of 2 hours.

4. Don't just allow each other to run through the scene over and over. The host may be the lead coach. A coach should stop the actors the second you don't believe them, or if you think it could be funnier, or if you think that there is something in the text that they are not seeing. Or if you think their tone doesn't match the line. Remember, you are to work in **THOUGHTS**, not direct one another.

5. Start by suggesting a thought you come up with or that you have written down for that character. Or, if it is just blah, throw a bunch of different thoughts out there to help the actor "pops." It's way, way, **WAY** more important for me to see one **BRILLIANTLY SPECIFIC PAGE THAN 3 GENERAL PAGES**. Remember, **NO ARGUING ABOUT THE NOTES** given by coaches. Think about when you're on set and the director gives direction, are ya gonna argue or try it? You'll have a much longer, and happier career if you try it and move on. Also, explore the following: Arc of the scene,

why is your character saying what they're saying at that particular time in that particular environment? What do you want from the other person? Your moment before: literally what just happened to you? This is the most important part of auditioning and acting for that matter as it sets the tone of the work. Look for moments of movement to stillness.

6. Be adventurous you guys! Remember this is supposed to be FUN so allow yourselves to play. You can even allow yourselves to be bad actors by singing the whole thing or doing a southern accent. This will help you develop different thoughts that you may have never explored before!!

7. Be willing to live in the field of suckle for a bit!!! We never get anywhere from trying to get it right. Let the people from the couch coach you. You can't be the critic and the creator at the same time. Put your performance in the hands to the people coaching you! They are just as much responsible for your performance as you are.

8. Remember, that when someone gives you a note they are not telling you are wrong; they are just trying to make it different. The same is true of a casting director so why not practice this in your rehearsals?

9. You're all special, creative, amazing people with different lives which means you will have different thoughts based on your life experiences You DO NOT have to have the same thoughts as others in class. Capisce?

10. You are going to feel like you're banging your head against a wall.
Just.Keep.Going.

11. Be kind, supportive and open with those in rehearsal. You're all in the same boat learning a new process.